

# Stacey Hensel MA, MT-BC, LCAT

Nordoff-Robbins Music Therapist

DIRFloortime provider

Clinician and Music Therapy Supervisor at Rebecca School, NYC  
Founder of Innovative Music: Creative Arts Therapy Services, PLCC  
nycmusictherapy@gmail.com

## Education

**Master of Arts-Music Therapy**, New York University, New York, NY

**BA of Music in Music Therapy**, West Texas A&M University, Canyon, TX

## Professional Experience

- **Rebecca School**, New York, NY Sept. 2007 – Current  
*Music Therapist/Consultant/Supervisor for Graduation Students*
- **Innovative Music: Creative Arts Therapy Services, PLCC.** Oct 2007-Current  
*Founder, provides music therapy across ages, specialty social groups, clinical supervision, DIRFloortime and trainings to music therapists and educators*
- **The Center for Discovery**, Harris, New York Oct. 1997-August 2007  
*Music Therapist/Trainer/Supervisor*
- **Heartsong, Bronxville, New York** Sept.2001- June 2008  
*Pier Diem Music Therapist/Group Therapy/Community and Family Support*

## Professional Developments/Certifications

- **Music Therapist Board Certified** January 1998  
Certification Board for Music Therapists
- **Nordoff-Robbins Music Therapist** June 2003  
Nordoff-Robbins Center for Music Therapy at NYU
- **Licensed Creative Arts Therapist (LCAT)** June 2006  
The University of the State of New York Office of the Professions,
- **Vocal Psychotherapist** May 2013  
Post-Graduate Training in Vocal Psychotherapy and Depth Psychology
- **DIRFloortime Provider (Levels 1 -3)** May 2016  
Interdisciplinary Council on Development and Learning (ICDL)

## Professional Affiliations

- National Association for Music Therapy, Mid-Atlantic Region of Music Therapy,
- Clinical supervisor for New York University, Molloy College, Montclair University and SUNY New Paltz, State University

## Publications

Creative Music Therapy: Music's Capacity to Reach Developmental Potential, Special Education Advisor, January 8, 2012

## Presentations and Teaching Continuing Education

### Continuing Education Trainings

"Innovative Ways to Expand Clinical Improvisation Skills at the Keyboard." CMTE course at AMTA Conference, St Louis, MO, Nov. 2008.

"Thinking Outside the Box-Techniques for Developing Freedom and Creativity at the Keyboard." CMTE course at MAR Regional Conference, Richmond VA, March 2009.

"Using our Craft-Essential Components in Music Therapy Supervision." CMTE course at MAR Regional Conference, Pittsburgh, PA. March 2009.

"Improvise, Individualize and Self-Actualize: Autism and Developmentally Informed Music Therapy." CMTE Course at MAR Regional Conference, Scranton, PA. March 2013

"Improvise, Individualize, and Self-Actualize" Autism and Developmentally Informed Music Therapy." CMTE course at SUNY-New Paltz University, New Paltz, NY. April 2014

"Finding Freedom at the Piano: Expanding Clinical Improvisational Skills Through Innovative Methods." CMTE course at MAR Regional Conference, Ocean City, MD. March 2015.

### Professional Conference Presentations

"Channeling Restiveness into Creative Co-Active Music Making, A Video Case Study and Presentation." 7th Annual American Music Therapy Association Conference, Orlando, Florida, November 2005 and MAR Regional Conference March 2007.

Hensel, S., and Loretto, C "Thinking Outside the Box-Techniques for Developing Freedom and Creativity at the Keyboard." MAR Regional Conference, Ocean City, MD, March 2007.

"Embracing Spontaneity and Creativity within a Music Centered Approach and the DIR Model." NYU Child Symposium, NY, NY. November 2007.

"Creative Music Therapy in the Complex World of Autism." MAR Regional Conference, Richmond, VA. April 2009.

“DIR and Creative Music Therapy in the Complex World of Autism.” European Music Therapy Conference, Cadiz, Spain, May 2012.

Hensel, S. & Hirschberg, K. “Empowering Parents And Caregivers To Use Expressive Music Therapy Techniques For Engagement.” MAR Regional Conference, March 2011

Hensel, S. “Musical Engagement Empowering Parents and Caregivers.” Autism Conference at The Center for Discovery, November 9, 2011.

“You’re Fired”-A Case Study in Music Psychotherapy-Musical Layers of Relationship.” AMTA Conference, St Charles, Illinois, October 2012.

Tippy, G., Hensel, S., Takeda, K. and Kandler, Z. “Improvisational Music Therapy and DIR: An Emotional Continuous Flow.” ICDL Annual Conference, Montclair State University, Montclair NJ. November 2012.

Tippy, G., Hensel, S., Takeda, K. and Kandler, Z. “Where Autism Lives: Music Therapy Attacks!” MAR Regional Conference, Scranton, PA March 2013 and Autism Society Conference, Pittsburgh, PA, June 2013.

DeWan, A., Galub, P., Hensel, S., & Kandler, K., “Sharing an Experience: DIR and Group Music Therapy Work.” MAR Regional Conference, Ocean City, MD, March 2015.

“Improvisational Music Therapy and DIR®: Where Music Fuels Engagement, Creativity and Developmental Growth”  
Young Child Expo Conference, New York, NY. April 24, 2015

Hensel, S., & Tippy, G., “Adolescent Lullaby, Using the Salient Qualities of Music and the Power of Relationship to Meet the Needs of Individuals Across Ages and Developmental Levels.” ICDL Conference, Atlantic City, September 2015.

“Adolescent Lullaby, Using the Salient Qualities of Music and the Power of Relationship to Meet the Needs of Individuals Across Ages and Developmental Levels.” MAR Regional Music Therapy Conference, Harrisburg, PA. March 2016.

Hensel, S., Kandler, Z., & Leeper, R., “The Musical Working Game: A Transdisciplinary Approach to Foster Shared Group Experiences” Young Child Expo, New York, NY, April 2016.